

# Camp goals and objectives

- ◆ To prepare youth to be advocates for policy and environmental change for healthy lifestyles in the community
- ◆ To broaden the impact of dedicated teen leaders as they learn methods to effectively convey a safe and sober message to teens in the community
- ◆ To encourage peers at the high school level to be more supportive of positive behavior and to discourage at-risk behaviors in others

Sponsored by:  
Rural Prevention Network



989-343-1830

Alcona Health Center  
District Health Department #2  
St. Joseph Health System  
Sterling Area Health Center  
West Branch Regional Medical Center

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The Rural Prevention  
Network Presents:

**T.G.I.F.**  
**Camp**

*TRAINING, GUIDANCE,  
INTERVENTION AND FUN!*

**Camp Timbers  
West Branch**  
**July 22-24, 2009**

*For grades 9-11 (2009-2010 school year)  
Serving Iosco, Alcona, Arenac, Oscoda,  
and Ogemaw Counties*

# Camp Activities

Swimming

Bon-Fires

Canoeing

High/Low Ropes

Basketball

Games

Scavenger Hunt

**FUN! FUN! FUN!**

## About Camp Timbers

Camp Timbers is located on approximately 300 acres just outside of West Branch, Michigan. The camp is built around a 30 acre glacial lake that offers a beautiful swimming and boating area, bank fishing, and opportunities to observe some of the native wildlife.

### Sign up my teen!

Fill out the registration form on the next page and return it to the address on the bottom of the form. A parent/guardian must fill out the proper medical forms in order for their teen to attend camp. Registration is a first come first serve basis. Please have the registration in as soon as possible to reserve your teens spot at camp.

## T.G.I.F. Registration Form

Total Cost: **NO COST**

\_\_\_\_\_  
Campers Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Parent/  
GuardianSignature

SPONSORED BY:  
RURAL PREVENTION  
NETWORK

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