

# Promoting Active Communities Award Application

Michigan's Promoting Active Communities (PAC) assessment and award application is available for online completion and submission at [www.mihealthtools.org/communities](http://www.mihealthtools.org/communities). To be considered for the PAC award, the application must be completed and submitted online. However, communities may find this print version of the application useful for previewing the assessment before they register or for collecting data, which can then be transferred to the online application.

This print version includes all the PAC assessment questions and is similar but not identical to the online version. When you complete the questions online, the computer provides assistance. For example, the online assessment displays relevant questions based on your previous answers automatically, performs all calculations for you, checks to make sure all questions are answered, and checks for inconsistent or illogical information. Community population and geographic information is also provided with the online version along with links to numerous online resources to assist your community in completing the assessment and obtaining ideas for ways to make your community more conducive to active living. Additionally, scorecards are provided on the online application; each time you enter data and save, the scorecard is updated.

Please note the following on this print version:

- Instructions for skipping/answering questions and calculation instructions are provided in red. (These functions are performed automatically with the online version.)
- Terms that you can find in the Promoting Active Communities glossary located at the PAC website are in **bold face** in the print version. In the online version, these appear in bold blue letters throughout the application. All you need to do is click on the word and the definition will appear.
- Icons in the print version represent links to the ***Design Guidelines for Active Michigan Communities***  and Promoting Active Communities Resource Guide . In the online version, these links are active. When you click, the link will take you to the Design Guidelines or Resource Guide where you can learn more about the topic referenced in the question, section or subsection.

All Michigan communities are eligible to apply for the Promoting Active Communities award. Communities that achieve an award are recognized at an annual event. Look at the PAC website Frequently Asked Questions for this year's award application deadline ([www.mihealthtools.org/communities/default.asp?tab=faqs](http://www.mihealthtools.org/communities/default.asp?tab=faqs)).

For more information, please visit the Promoting Active Communities website at [www.mihealthtools.org/communities](http://www.mihealthtools.org/communities). Or contact Sarah Panken at [slpanken@michiganfitness.org](mailto:slpanken@michiganfitness.org) or 517-908-3822.

## SECTION 7: BICYCLE FACILITIES

This section assesses the “**bikeability**” of your community. Ask your city manager, engineer, or your community’s transportation or public works departments for assistance with answering these questions.

Questions with a (CSI), (CSP), or (CSP&I) notation at the end are included in the Complete Streets Score.

*Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at [sjpanken@michiganfitness.org](mailto:sjpanken@michiganfitness.org) or via phone at 517-908-3822).*

Learn more! Follow the  and  links.

7.1 How many miles of on-street **bike lanes** exist in your community?  

*Note: Please enter a whole number without commas or periods. If your community does not have bike lanes, enter zero.*

7.1a Your community has **Calculated number** miles of on-street bike lanes per 1,000 residents.

**Calculation: Divide number in text box by 2000 community population and then multiply by 1,000.**

7.2 What is the total mileage of your community’s **arterial streets**? Arterial streets are major roadways designed to carry large volumes of traffic and often have more than two lanes through developed areas.

*Note: Please enter a whole number, without commas or periods.*

7.2a How many miles of your community’s **arterial streets** have on-street **bike lanes**, **wide curb lanes**, or **paved shoulders** that are in good enough condition for bicycling?  

*Note: Please enter a whole number without commas or periods. If none of these features exist in your community, enter zero.*

7.2b Your community has **Calculated %** of arterial streets with on-street bike lanes, wide curb lanes or paved shoulders. (CSI)

**Calculation: Divide 7.2a by the arterial street mileage provided in 7.2 and convert to a percentage.**

7.3 Has your community examined the most appropriate bicycle facilities along its roadways and designated signed **bicycle routes**? A bicycle route is a section of road designated for bicycle use with signs, and may also have striping or pavement markings for bike lanes, wide curb lanes or paved shoulders. 

(CSI)

- Yes, and we have a complete bicycle route system
- Yes, we've started the process and have a plan or program to designate and complete important **bicycle route connections** that are currently missing
- No, we have not assessed the bicycle facilities in our community and do not have designated bicycle routes

If yes to 7.3, answer 7.3a and 7.3b.

7.3a Does your community have a published **bicycle route map**? 

- Yes, and the route map is easily available to community residents
- Yes, but the route map is not easily available
- No published route map

7.3b Are your community's bicycle routes marked by signs or other markings?

- Yes
- No

7.4 Does your community actively promote Bike to Work Day or Week, a Smart Commute program, or any other bicycle commuting incentive programs? 

- Yes
- No