

# Resource Directory

## *District Health Department*

West Branch Office	989-345-5020
Tawas Office	989-362-6183
Harrisville Office	989-724-6757
Mio Office	989-826-3970
Toll Free	1-800-504-2650

## *Department of Human Services*

West Branch Office	989-345-5135
Tawas City Office	989-362-0300
Mio Office	989-826-4000

## *Local Hospitals*

WBRMC	(989) 345-3660
Tawas St. Joseph Hospital	(989) 362-9404
St. Mary's of MI	(989) 907-8000
Alpena General Hospital	(989) 356-7390
Otsego Memorial Hospital	(989) 731-2100
Grayling Mercy Hospital	(989) 348-5461
MidMichigan Hospital	(989) 839-3000
Bay Regional Medical Center	(989) 894-3000

## *Pediatrician/Family Practice*

Alcona Health Ctr Pediatric	989-356-4049
Bay Regional Pediatrics	989-895-4840
Joanna Studley/Tawas	989-984-3770
Steve Kaufmann/Gaylord	989-731-7930
Kristie Koehler/Grayling	989-348-0550
North Ridge Family Pract/Hale	989-728-6000
Fairview Clinic Cheryl Henry	989-848-5644
Nathan Barden - Oscoda	989-739-2550
MidMichigan Health Center	989-345-8120
Josip Petani	989-362-8617
Huron Family Medicine	989-362-4170
Great Lakes Family Medicine	989-739-5691
Augres Family Clinic	989-739-5691
Hale St Joseph Medical Clinic	989-728-4211
Oscoda Health Park	989-739-1441

## *Children's Special Health Care Services*

Alcona and Ogemaw	989-345-5020 ext 1600
Iosco and Oscoda	989-345-5020 ext 1700

## *Childbirth Classes*

Sweet Beginnings—Ogemaw	989-654-2040
Tawas St Joseph Hospital	989-362-9404
Mercy Hospital	989-348-0415
Ostego Memorial Hospital	989-731-2124

## *Domestic Violence*

Oscoda Shelter Inc.	1-800-834-2098
Grayling River House Shelter	989-396-9129
Emergency Shelter (Gospel church)	1-888-554-3169
	989-739-0019

## *Commodities Food*

Good News Ministries (Food/Clothing)	1-800-219-2273
Community Food Pantry	989-756-2486
Ogemaw Hills Food Pantry	989-345-0493
	989-345-2260

FISH: Assistance with food, transportation, clothing and shelter for people in need.

Tawas City	989-362-8788
Oscoda	989-739-9400
Hale	989-728-3474

## *Angel Food Ministries:*

Oscoda	989-739-7785
Alpena	989-356-9637
Tawas	989-362-3531

## *OBGYN's*

Landrey/Elowsky /West Branch	989-345-5200
Elowsky /Landrey/Tawas	989-362-2540
Payea	989-362-2141
Bates	989-356-5228
Schultz/Schubert/Lagatutta	989-348-0550
Valley OB—Saginaw	989-753-8453
Women's OB/GYN - Saginaw	888-609-8341
Estelle/Miner - OMH	989-731-2105
Health Delivery Inc - Bay City	989-667-3377
MidMichigan OB/GYN	989-345-8120

## *General Assistance: St. Vincent DePaul*

Mikado	989-736-6271
Tawas City	989-362-6584
Prescott	989-873-5797
West Branch	989-345-0779

## *Other Help Hotlines*

ACCESS (AuSable Mental Health)	1-800-834-3393
American Lung Association	1-800-586-4872
Center for Substance Abuse	1-800-662-4357
Child Abuse Hotline	1-800-422-4453
Childhood Lead Poisoning	1-888-322-4453
Mental Health after hours/weekend	1-800-442-7315
Compass Runaway Services	1-800-292-3003
Depression after delivery	1-800-944-4773
Early On	1-800-327-5966
Family Violence Helpline	1-800-996-6228
Heat and Warmth Fund	1-800-866-8429
I Can Quit Helpline	1-800-480 7848
Mortgage Payment Help	1-800-750-8956
National Institute for Drug Abuse	1-800-662-4357
The National Lead Association	1-866-424-5323
NEMSCA Assistance Programs	1-800-219-2273
NEMSCA Housing Program	1-800-219-2273
Parent Help Line	1-800-942-4357
Poison Control	1-800-222-1222
River House Shelter	1-888-554-3169
Safe Drinking Hotline (Lead)	1-800-426-4791
Suicide Hotline	1-800-784-2433
4C's Daycare Info	1-866-424-4532

## *Baby Pantry*

Oscoda	989-362-2510
Mikado	989-305-5440
Mio	989-826-5817

## *Pregnancy Center*

West Branch	989-345-3909
24hr crisis line	1-800-395-HELP
Mio	989-826-5817
Tawas	989-305-5817

## *Breastfeeding Help*

Breastfeeding Counselor - TW /HV	989-362-6183X1503
After hours cell - TW/HV	989-709-0675
Breastfeeding Counselor - Mio/WB	989-343-1854
After hours cell - Mio/WB	989-709-0673

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