

## What is the MIHP?

MIHP is a home visiting program for pregnant women and infants with Medicaid insurance.

MIHP provides support service to women and to parents so they have healthy pregnancies, good birth outcomes, and healthy infants.

**630 Progress St.  
West Branch, MI  
1-989-345-5020**

**420 W. Lake St.  
Tawas City, MI  
1-989-362-6183**

**311 Lake St.  
Harrisville  
1-989-724-6757**

**393 S. Mt. Tom Rd.  
Mio  
1-989-826-3970**



**1-800-504-2650  
www.dhd2.org**

# MIHP

## Maternal Infant Health Program



# What will I get if I join the MIHP?

## *What will I get if I join the MIHP?*

### **Experienced health professionals who will:**

- Assist you with finding transportation to medical appointments, WIC and childbirth education classes, as needed
- Help you get prenatal care.
- Answer questions about being pregnant and caring for your infant.
- Help you get food or a place to live.
- Help you learn about fixing and eating healthy foods.
- Help with health problems that could affect your pregnancy, such as diabetes, asthma, high blood pressure, depression or anxiety.
- Help with changes that you decide to make to be healthy, such as quitting smoking, alcohol or drugs.
- Help if you're concerned about abuse/violence in your life.
- Answer questions about family planning (birth control).
- Connect you with community services, such as childbirth education classes or baby pantries that give out baby items for free.
- Be there for you if problems come up.

# What do Participants Say About the MIHP?

## *What do Participants Say About the MIHP?*

### ***Helpful Information and Resources***

“Learning what to expect when I was pregnant.”

“Learning about infant development. They spent more time with me explaining things than the doctor did.”

“They gave me all the info I needed to be a good mom.”

### ***Convenience***

“I liked that they offer the convenience of coming to my home. I didn't have to take the children out.”

“The home visits when I was pregnant and couldn't drive were the best.”



### ***Friendly, Caring People***

“I liked that they showed that they cared about how the baby and I were doing.

They always made me feel very important.”

“Just having someone to talk to who understood what I was going through.”

“They gave me encouragement and a caring smile, and helped me with postnatal depression.”

“The staff was super-friendly and understanding. I will miss them very much.”

“In my opinion, everyone should be in this program. It is really helpful and I love my MIHP women who came out to visit me.”

***Take advantage of your Medicaid MIHP benefit-call today!***

***District Health Department No. 2***

***1-800-504-2650***