



Meeting Minutes
December 3, 2015

Present: **Dave Beck** – AVCMH, **Rhonda Copeland** – Hospice of Helping Hands, **Julie Hock** - Diebold Insurance, **Cathy Cleland** – WBRMC, **Kay Fernandez** – WBRMC, **Bob McGrail** – WBRMC, **Vivian Andrews**-WBRMC, **Denise Bryan** – DHD2, **Dennis Szagesh** – DHHS, **Tracey Wood** – DHD2.

Introductions:

Round table introductions were made.

Comments from the Group:

- Vivian shared with the group the flyer for her first Freedom from Smoking Class. The first class will be held on January 13, 2016 at 5:30 p.m. in the WBRMC Executive Dining Room. Anyone who would like more information or to register for the class can call Vivian at 989-343-3210
- Dr. Beck gave an update on the Asset Mapping project. He is hoping to have a rough draft by January one and is currently making personal contact with some agencies/disciplines to gather their information.
- Denise shared with the group that DHD2 will be partaking in a regional Community Needs Assessment in the Spring/Summer of 2016.
- Julie shared with the group that Blue Cross/Blue Shield may have some monies available to help with strategic plan efforts. She will look into this further.
- A discussion took place in regards to St. Vincent DePaul and the services/funds they offer Ogemaw County and its residents. Dr. Beck will contact St. Vincent's and invite them to our next meeting to provide an overview.

Strategic Plan:

- A final copy of the strategic plan was provided to the group. The plan has also been placed on the District Health Department No. 2 website.
- The coalition received recognition from the Michigan Health Improvement Alliance for the plan and was recognized in a press release as well as a Facebook post.

Grant Status:

- Unfortunately, the State has informed us that they will not be putting out a Request for Proposals for the implementation portion of the Building Healthy Communities Program for FY 2016. They are unsure about subsequent years at this point in time.
- In regards to the 4 x 4 application that was discussed at the last meeting, it was completed and submitted on October 9, 2015. Tracey thanked the agencies who provided Letters of Support for the application. The main focus of the application was to implement item #2 in Strategic Focus Area C – Signage and Education: Point of Action Strategies in local restaurants.
- On November 3, 2015, we received word that we were one of 7 agencies statewide selected for funding, and only one of 2 health departments. Project period is December 1, 2015 – September 30, 2016.

Next Steps:

- A work plan for the project was distributed to the group. It includes data collection, community/system/environmental change, media and promotion and evaluation.
- The first step will be to create a rating system for the program, with additional steps including identifying and recruiting restaurants, conducting the assessments, and promoting the participating restaurants.

Other:

- The group suggested the possibility of doing a CHOICES Coalition update monthly in one of the local papers. Tracey will look into this possibility and report back to the group.
- The group is also hoping to do a trial assessment/menu review with a restaurant just to get an idea of how the assessment/review runs and the time needed to do this. Tracey will look into this possibility as well.

Next Meeting Date:

Thursday, January 21, 2016
10:00 a.m. – West Branch Regional Medical Center
Executive Dining Room.

