

# Promoting Active Communities Award Application

Michigan's Promoting Active Communities (PAC) assessment and award application is available for online completion and submission at [www.mihealthtools.org/communities](http://www.mihealthtools.org/communities). To be considered for the PAC award, the application must be completed and submitted online. However, communities may find this print version of the application useful for previewing the assessment before they register or for collecting data, which can then be transferred to the online application.

This print version includes all the PAC assessment questions and is similar but not identical to the online version. When you complete the questions online, the computer provides assistance. For example, the online assessment displays relevant questions based on your previous answers automatically, performs all calculations for you, checks to make sure all questions are answered, and checks for inconsistent or illogical information. Community population and geographic information is also provided with the online version along with links to numerous online resources to assist your community in completing the assessment and obtaining ideas for ways to make your community more conducive to active living. Additionally, scorecards are provided on the online application; each time you enter data and save, the scorecard is updated.

Please note the following on this print version:

- Instructions for skipping/answering questions and calculation instructions are provided in red. (These functions are performed automatically with the online version.)
- Terms that you can find in the Promoting Active Communities glossary located at the PAC website are in **bold face** in the print version. In the online version, these appear in bold blue letters throughout the application. All you need to do is click on the word and the definition will appear.
- Icons in the print version represent links to the ***Design Guidelines for Active Michigan Communities***  and Promoting Active Communities Resource Guide . In the online version, these links are active. When you click, the link will take you to the Design Guidelines or Resource Guide where you can learn more about the topic referenced in the question, section or subsection.

All Michigan communities are eligible to apply for the Promoting Active Communities award. Communities that achieve an award are recognized at an annual event. Look at the PAC website Frequently Asked Questions for this year's award application deadline ([www.mihealthtools.org/communities/default.asp?tab=faqs](http://www.mihealthtools.org/communities/default.asp?tab=faqs)).

For more information, please visit the Promoting Active Communities website at [www.mihealthtools.org/communities](http://www.mihealthtools.org/communities). Or contact Sarah Panken at [slpanken@michiganfitness.org](mailto:slpanken@michiganfitness.org) or 517-908-3822.

## SECTION 3: SITE PLAN REVIEW PROCESS

When local governments review and approve proposed development plans for a particular piece of property, they can require that Active Living principles be applied. To find the answers to questions in Section 3, talk to your city or township manager, or city planner.

Questions with a (CSI), (CSP), or (CSP&I) notation at the end are included in the Complete Streets Score.

*Note: If you have questions about any aspect of the assessment, please contact Sarah Panken (via email at [slpanken@michiganfitness.org](mailto:slpanken@michiganfitness.org) or via phone at 517-908-3822).*

Learn more! Follow the  and  links.

3.1 Does your community work with subdivision applicants and developers to ensure the **walkability** of proposed development? Walkability includes features such as **grid street design**, sidewalks along all roads, **street buffers**, **mixed use**, and **shared-use paths**.    
(CSI)

- Always
- Often (more than half of the time)
- Sometimes (half of the time or less)
- Never 0

3.2. Does your community work with subdivision applicants and developers to ensure the **bikeability** of proposed development? Bikeability includes features such as **bike lanes**, signed preferred bicycle routes, **mixed use**, **shared-use paths**, and **bicycle parking**.    
(CSI)

- Always
- Often (more than half of the time)
- Sometimes (half of the time or less)
- Never

3.3 Do the written documents that guide your community's site plan review process offer incentives or expedited approvals for the following active living principles?



	Yes	No
a. Locates new development adjacent to existing <b>infrastructure</b>	<input type="radio"/>	<input type="radio"/>
b. Creates a <b>mixed use</b> community	<input type="radio"/>	<input type="radio"/>
c. Preserves open space and farmland	<input type="radio"/>	<input type="radio"/>
d. Is within walking distance of public transportation	<input type="radio"/>	<input type="radio"/>
e. Builds pedestrian amenities, such as sidewalks on both sides of streets, street lights, and benches (CSI)	<input type="radio"/>	<input type="radio"/>
f. Creates a <b>grid street design</b>	<input type="radio"/>	<input type="radio"/>
g. Clusters residences to preserve open space	<input type="radio"/>	<input type="radio"/>
h. Provides public facilities for physical activity such as <b>shared-use paths or trails</b>	<input type="radio"/>	<input type="radio"/>
i. Creates <b>bike lanes</b> and bike parking (CSI)	<input type="radio"/>	<input type="radio"/>
j. Respects community character, design, and historic features	<input type="radio"/>	<input type="radio"/>
k. Plants trees and other aesthetic features	<input type="radio"/>	<input type="radio"/>
l. Creates opportunities for resident interaction	<input type="radio"/>	<input type="radio"/>
m. Builds <b>high density</b> residence units	<input type="radio"/>	<input type="radio"/>
n. Creates short blocks	<input type="radio"/>	<input type="radio"/>
o. Builds narrow streets for slower traffic speeds	<input type="radio"/>	<input type="radio"/>
p. Provides affordable housing	<input type="radio"/>	<input type="radio"/>