



Overview

MiThrive is a collaboration of local health departments, hospitals, and community organizations working with local residents to improve health and wellbeing in the 31 counties of northern lower Michigan.

The project revolves around one central question: **How do we improve health and quality of life in our communities?**

To answer this question, we gather as many diverse partners as we can around a shared vision. We gather data and information from the community to see a holistic view of health, quality of life, and opportunities for meaningful action. We create strategies that make sense in our local context. And we work together towards a healthier, happier, thriving Northern Michigan.

Benefits for Partners

- increased recognition within the community and among peers
- access to accurate and current data
- improved focus on priorities
- reduction in the duplication of services within a community
- increased collaboration on projects and activities
- increase in financial resources

MiThrive Partner Vision

A vibrant, diverse, and caring community in which regional collaboration allows all people the ability to achieve optimum physical, mental, cultural, social, spiritual, and economic health and well-being.

Values

We are dedicated to ensuring...

we emphasize

- Real community benefits
- Equity
- Commitment to vulnerable populations

our process demonstrates

- Collaboration
- Equality of representation among partners
- Good stewardship of resources
- Sustainability

and our assessment and reports are

- Innovative
- High quality
- Data driven



Come partner with us!

For more information, contact project coordinator Carrie Field at c.field@nwhealth.org

Steering Committee

MiThrive’s Steering Committee is composed of leaders from cross-sector organizations across 31 counties:

- Benzie-Leelanau Health Department
- Central Michigan District Health Department
- Char-Em United Way
- District Health Department #2
- District Health Department #4
- District Health Department #10
- Grand Traverse County Health Department
- Health Department of Northwest Michigan
- Kalkaska Memorial Health Center
- McLaren Central Michigan
- McLaren Northern Michigan
- MidMichigan Health
- Munson Healthcare
- North Country Community Mental Health
- Northern Michigan Community Health Innovation Region
- Traverse Health Clinic

Project Phases	Opportunities for Partnership
Community Themes & Strengths Assessment	Help get perspectives from residents about their communities & quality of life using Mini Client Interviews and Community Input Boards
Community Health Status Assessment	Share data & help identify new sources to find out what health conditions exist in the community
Local Public Health System Assessment	Join us to discuss how well our community organizations work together to provide essential services
Forces of Change Assessment	Join a conversation about the larger context, and coming forces that could impact our strategies and plans to improve health
Identify Strategic Issues	Share your perspective on which community issues need to be prioritized to make the biggest impact on health & wellbeing
Form Goals & Strategies	Collaborate to create informed goals & strategies to foster thriving communities
Plan for Action	Together carry out an action plan to create a healthier, thriving Northern Michigan