

Oscoda County CHOICES Minutes

Meeting: CHOICES      Date: December 10, 2018      Time: 4:00 PM      Location: Mio DHHS Building

Leaders: Deb Nurse and Jan Schleicher

Present: Jan Schleicher, Devin Spivey, Cheryl Melroy, Deb Nurse, Larry Wilson, Loretta Rice, Alice Stone,

Absent: Trish Otremba, Jim Mangutz, Michelle Barber, Holly Campbell, Melissa Burns, Mischelle Warner, Katie Jacobs,

Guests: Norma Lyden,

Topic	Leader	Discussion	Action/Follow-up
Call to order/Introductions	J. Schleicher	Meeting called to order at 4:02 pm	
Minutes – December 10, 2018	J. Schleicher/D. Nurse	Alice Stone motioned, 2 <sup>nd</sup> by Deb Nurse, approved by the group.	
Together We Can Update	Norma L	<p>Norma Lyden shared that:                      October 2018: served 157 households and 378 people                      November 2018: served 162 households and 374 people, more single people came to the food drop. Things are getting smoother, working out the kinks and problems that have come up.                      Fundraisers have been fantastic! October Reilly Troyer Davis did a Quarter Mania fundraiser. Hoping to give \$600.00 toward a truck and was able to give \$909, 75% of the cost of the truck which they are now being charged the full \$1200.00.                      Red hat ladies donated \$290, which covered the cost of the truck.                      M-Bank gave a \$1200.00 to cover the November truck and also sent 2 volunteers to fill boxes in the morning and 3 volunteers to load boxes in the afternoon.                      The Credit union gave a donation for \$97 and change and food they collected during their November food drive.                      With 501C3 TWC can only give to other 501C3, so they give the leftovers from the distributions to the Council on Aging. Deb understands that St. Bart's is looking to get 501C3 status for the food pantry, so it is not tied specifically to the Church.                      Loretta had to give keys back to St. Bart's unable to do level of work by herself.                      Jan is concerned that TWC is pulling resources from St. Bart's. Norma reports that TWC has been doing ok with volunteers, but last month they were a bit short. They have a couple of students from Fairview who have stepped up and are doing a</p>	Jan will get update from St. Barts

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		<p>great job. PO Box set up and accounting set up and people seem more willing to donate, rather than sending money to a private address.</p> <p>Deb reminded that Joe Breaugh, from the county would plow and sand area around Barn at Fairgrounds. Larry said that there was county support to have Joe plow the area.</p> <p>Norma and other volunteers are working with area businesses to win their support back after previous TWC organizers had made some negative comments about lack of support. Once business owners know that leadership of TWC has changed they are more receptive. Good to have publicity in local paper about donations. Would be good to have the PO Box to send the donations to in the articles to drum up more support.</p> <p>Discussion regarding incorporation papers for TWC, and protections for board and volunteers. Can have implications on cost of insurance.</p> <p>Deb encouraged Norma to contact Huntington Bank as they may have funds to cover every other month.</p> <p>Terry the Secretary, who has resigned set up the TWC account at M-Bank not Huntington Bank. Deb shared that Alex at Huntington would be able to help with grant application.</p> <p>Jan asked if there was other help that TWC needed from CHOICES. Not at this time. Deb asked about volunteers for December, and Norma thought that it may be tough getting enough volunteers for December 20. Start packing at 8:30 and distribution at 1 pm. They are there at 7 am.</p>	<p>Annie from AuSable River Restaurant is going to give their donation to St. Bart's this year.</p> <p>Together We Can P.O. Box 524 Mio, MI 48647</p> <p>Norma is going to the Post Office to get mail forwarded Together We Can PO Box, Alice said if the organization is listed and Norma has minutes from meetings, the Post Office shouldn't require past TWC officer's signature.</p> <p>Jan will get incorporation papers to Norma, both the original and revision for TWC, as well as what she wrote for LOVE, INC, and what should be amended. Jan will email to Melissa Barve.</p>

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		<p>Call Norma to see what help is needed. Need 2-3 people from 2-4 to help clean up. Norma asked if Lydia's Gate is 501C3 and it is, they didn't know for sure. Have beef left over from previous distribution and Lydia's Gate had meat on their wish list, so she will get some to them. Last month they were able to give each person 10 pounds of meat instead of 5. Deb offered that people who need community service may be helpful, but Norma said that may prevent them from having high school kids participate.</p> <p>Norma was thanked for her work and encouraged to contact Deb, if CHOICES can be of assistance.</p>	<p>Cheryl to put St. Bart's update on agenda along with TWC. CHOICES as connectors hopes to reach out and support both initiatives, and try to eliminate duplication where we can.</p>
<p>MSU Extension – Follow up on Next Steps:</p>		<p>No one is on the phone. Mischelle was not able to attend today. Jan Received update just prior to coming to meeting. Now have 4-H Program Coordinator in Oscoda County – Laurie Miller.</p> <p><i>Laurie started on December 7<sup>th</sup> and will be in the county on December 10<sup>th</sup>. Laurie will be working 10:00am – 3:00pm at Mio Ausable school on Mondays &amp; Wednesdays and at Fairview Area school on Tuesdays and Thursdays. She can be reached at <a href="mailto:mill2727@msu.edu">mill2727@msu.edu</a> Here is a note from Laurie.</i></p> <p><i>My name is Laurie Miller. I have over ten years of experience working in the non-profit field. In my professional experience I have worked in a food-shelf, distributing food and money to those in need, I've done prevention work in the community, facilitation of family support groups, and ran the Court Appointed Special Advocacy Program for foster children in the community. Along with helping others, working with volunteers has been a highlight of my experience. I</i></p>	

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		<p><i>believe strongly in giving back to the community, and am currently volunteering for a local non-profit organization that provides equine therapy for children in need of support.</i></p> <p><i>In my free time, I love to spend time with family and friends, read, kayak, hike, and enjoy attending concerts and ballets. I also enjoy attending sporting events (Go Green, Go White!). I have a Bachelor's of Science Degree, with a track in social work and a minor in counseling from Rochester College. I am currently pursuing a Masters of Social Work Degree from Michigan State University.</i></p> <p><i>I am very excited and grateful to be a part of the team.</i></p> <p><b>The Steam position is gone for this year.</b></p>	<p>Update the County Commissioners on MSU Extension position. Commissioners meetings scheduled for 1-15 and 1-29-19. 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month at 10 am.</p>
<p>Grant Update:</p> <ul style="list-style-type: none"> <li>DHD #2 Grant Update MSU Food Access Survey Mini-Grant Update</li> </ul>	<p>D. Spivey</p>	<p>No update. They sent an email and really got excuses. Funding done at the end of October. Have not received the final results. Researcher said ball is in her court. The health department still has electronic equipment from survey. Disappointing not to have results. Holly plans to get back in touch with MSU, conversation needs to happen at a higher level. Curious to outcome. Last time they heard from her it was mid- November and report was not started at that time.</p>	<p>To be continued. Need a final report. What was the data?</p>
<p>Project Connect –ongoing Update on participation and wrap-up</p>	<p>A. Stone</p>	<p>Date chosen June 19, 2019 from 3-6 pm. Did not meet today. First save the date has been sent out to vendors. Will be held at Mio in 2019. Larry states that they need 3 people to run the computers for the children's ID. Mobile Laptops.</p>	<p>Next meeting scheduled for December 10 at 3 pm</p> <p>Deb thinks we can get some high school kids to run the computers and that we try ahead of time to make sure that we have adequate power and space. Need one plug</p>

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			with surge protector for 3 computers. Larry will try to attend future
MiTHRIVE Regional Community Health Needs Assessment	C. Melroy	<p>Forces of Change Assessment in West Branch on November 29, 2018, at AuSable Valley Community Mental Health. Good process, well attended, by many different Human service organizations. On December 11, follow up steering committee meeting in Gaylord. 31 county assessment, some things still up in air. Discussed community input surveys vs. open ended questions. A lot of good work going on and has forged collaboration among new partners. Trying to complete this process so that we can have a larger impact regionally.</p> <p>Cheryl shared that the work on the Opioid Response grant is going on at the same time and there was a presenter from U of M's Poverty Solutions. Cheryl suggested reaching out to have them study this Eastern Region of the lower peninsula to bring resources to this region. They study both rural and urban poverty.</p> <p>Discussed that 3 counties in this Eastern Region are highest level of poverty, but still affects less people than poverty in the larger city centers in MI. They talked about it being the disability belt. They also talked about the number of prescriptions for opioids that were filled in these counties. The researcher from NMU could track where the prescriptions were written and then where they were filled. The Dr. said that once he had the data it only brought up more questions, he was just as curious as the rest of us. MAPS will not let you focus in on provider level data at this point. At rural health centers we cannot do group therapy and charge for it. Cheryl brought this to John Barnas, from the Michigan Center for Rural Health. With all this work there are many more eyes on our small communities, generationally poverty, transportation, just keeps education, just keeps coming up. Making progress, it will be done by June 30, 2019.</p>	<p>Will follow up at next meeting. The report has to be completed and accepted by hospital board by June 30, 2019 with implementation plan written and accepted by November 15, 2019.</p> <p>Cheryl will bring summary for Oscoda.</p> <p>More information about the Michigan Center of Rural Health. <a href="http://www.mcrh.msu.edu/">http://www.mcrh.msu.edu/</a></p>

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Evaluation of CHOICES work	J. Schleicher	<p>Waiting on the report from MSU. Where are we at on the phases of Multisector partnerships? Thinking about the early work we did on take charge cycle.</p> <p>June of 2015 was the first meeting of the full CHOICES group.</p> <p>Get back on County Health Rankings Website and focus on Rural Health and get our mindset back and where are we on this journey.</p> <p>At January meeting discuss our goals for the coming year.</p> <p>TWC is up and running we can get some updates. MSU is now present in the county.</p> <p>Trauma, suicide, and opioids are current topics.</p> <p>Deb shared the program with Dan Diamond that will be presented in West Branch.</p> <p>Webinar tomorrow, engaging young people, from County Health rankings.</p> <p>Goal to engage kids so that what they fill the void with is more positive. Have more available. Ask Mischelle to have Laurie Miller attend the CHOICES meetings regularly so that CHOICES can support her work.</p> <p>Jan reviewed Take Action Cycle.</p>	<p>For January meeting - review and determine what our goals are for the year. Take a look at where we are at, and recap what we have done, and prepare a list of accomplishments. Discuss next steps.</p> <p>Send out Multisector Relationship article. And Jan will get other articles to send out to the group.</p> <p>Also send out Take action cycle.</p> <p>Have computer available to bring stuff up on Alice will have computer available at January Meeting.</p>
Trauma Informed Community – make standing agenda topic	D. Nurse	No dates. More to come next month.	
<p><b>Take Action Cycle – Focus on What’s Important*</b></p> <p><b>Theme:</b> Obesity</p> <p><b>Goal:</b> Most efficient use of resources</p> <p><b>Guiding question:</b> How can we create a more aligned, coordinated, and coherent approach to improving health?</p>	Cheryl Melroy	<p>No Report.</p> <p>Choose to Be Well – Website driven.</p> <p>Shape UpNorth – Website driven.</p>	<p>In January Take a look at the Oscoda County Food Assistance Flyer and update for 2019. This is something that is tangible.</p> <p>Update Food Distribution flyer.</p>

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<p><b>Next steps:</b></p> <ul style="list-style-type: none"> <li>• Understand what is available in community                             <ul style="list-style-type: none"> <li>• List of food assistance in Oscoda County – share final</li> <li>• Actions of Local Food Coalition</li> </ul> </li> <li>• What is state doing-DHD#2? Any update on CHIR (standing item)</li> <li>• Munson Healthcare Regional Obesity Initiative (standing item)</li> <li>• Identify gaps and barriers/Analyze root causes (standing item)</li> </ul>	<p>H. Campbell/D. Spivey Cheryl Melroy</p>	<p>Devin shared that there was a proposal given to the state to expand the Community Health Innovation Region (CHIR-“shire”) to include all 31 counties. Multi-million dollar grant. Planning grant, then implementation grant. Would bring community health workers to DHD#2 and 4. Sandy Samp, from Thunder Bay, is training Community Health workers.</p>	<p>Also look at helping TWC, make some of the food they offer more healthy food options.</p> <p>Find out more about the summer program with the EBT Cards. Was exactly what we thought might work. Program was for kids that were enrolled in school, but it was random. The EBT was in the child’s name, so couldn’t give it to others.</p> <p>More on this at next month’s meeting.</p>
<b>Commissioner Update</b>	L. Davis	No Report	
<b>Announcements</b>	J. Schleicher	<p>Munson Healthcare is buying local dental office, and is to open a primary care clinic in Mio. Munson having a presence in the community will be a great asset. Stephanie was instrumental in the planning of the purchase of the clinic and expanding primary care in Oscoda County. DHD#2 also will have the whole building. Using loan repayment as a recruitment tool for rural physician recruitment.</p>	Cheryl will hopefully have more to share in January.
<b>Follow-up items and NEXT MEETING/NEXT MEETING AGENDA – Monday December 10, 2018</b>	J. Schleicher	Next Project Connect Committee will meet at 3 pm on January 14, 2019. Next CHOICES meeting is scheduled for January 14, 2018 at 4 pm at the Mio DHHS office.	
<b>Adjournment</b>		At 5:20 pm	

Minutes submitted by Cheryl Melroy